

DARTMOUTH YACHT CLUB

LESSONS and PROGRAMS

The instructional program is designed to provide sailing opportunities for DYC members of all ages and skill levels. Group classes and private lessons will be available as follows:

Youth Learn to Sail Camp Must be nine years of age and a competent swimmer. The cost is \$130 for members the four day camp and T-shirt. Non-members may attend for \$180. Fees may be included with your membership application to secure your child's space in the class. See attached registration form. All lesson participants under the age of 18 must have a confidential health form on file and must pass a swim test on the first day of the camp. Camps run Monday thru Thursday, 11:00 AM to 2:00 PM. This four consecutive day class allows students to learn beginner, intermediate and racing skills in a single fun filled week! Students will be divided into groups appropriate for their age and skill levels. Sign up for each session is on a space available basis. Enrollment is limited and will be assigned based on the order in which your payment is received.

Youth Sail Camp Cancellation Policy:

More than two weeks prior to the first day of camp:

Reschedule to another week of camp *with available space* at no charge, or refund less a \$20 fee.

Two weeks or less prior to the first day of camp:

Reschedule to another week of camp *with available space* at no charge, or 50% refund.

Adult Lessons

**All adult lessons should be reserved via email to John.Brady@Dartmouth.edu
Please pay with cash or check (preferred) at time of lesson.**

Private lessons are offered Mo and Th at 5:30 PM and Su at 1:00 PM. Lessons are tailored to the specific needs of the student(s). Cost is a flat rate of \$100 for 1 ¾ hr. for members or \$140 for 1 ¾ hr. for non-members. This fee includes up to four students of your choosing.

Sailing with Linda! Fridays, 5:30-7:15 PM If you enjoy sailing with other women, here's your class! Learn basic skills or develop new perspectives on sailing. Coached by a former Yale sailing team captain, you'll set and trim the main, jib and spinnaker on a Rhodes 19 keelboat while developing your boat handling skills. \$25/member, \$35/non-member.

Adult Sailing Class Wednesday, 5:30-7:15 PM and Saturday, 11:00 AM to 12:45 PM. A hands-on class to learn all of the skills necessary to safely skipper the club boats, fly a spinnaker, or begin racing. All participants perform tasks based on their experience level. \$25/member, \$35/non-member.

Dartmouth Physical Education sailing classes Monday through Friday, one day per week for eight weeks starting 6-26-17. Meet your instructor at 2:30 PM each day at the HOP to ride to the Yacht Club. Sail from 3:00 to 5:00 PM. Arrive back on campus at 5:30 PM. Learn how to sail dingys or small keel boats independently at Dartmouth's own sailing facility from experienced instructors and members of the Varsity Sailing Team. Registration (\$200) includes membership in the Dartmouth Yacht Club (\$99 value) and unlimited use of 26 boats for the summer upon skipper qualification. Those attending seven of eight classes will receive a PE credit. Register on Banner. **Participants must complete their 50 yd. swim prior to registration.**

PLEASE NOTE: As you know, the weather in this area can and does change quickly. If conditions are considered unsafe or inclement, we reserve the right to postpone and/or refund for any lessons or events that must be canceled at the discretion of the staff. Please call the facility at 603-632-9389 if the weather looks questionable.

Youth Learn to Sail Camp Registration

- _____ June 26, 27, 28, 29
- _____ July 3, 4, 5, 6
- _____ July 10, 11, 12, 13
- _____ July 17, 18, 19, 20
- _____ July 24, 25, 26, 27
- _____ July 31, August 1, 2, 3
- _____ August 7, 8, 9, 10
- _____ August 14, 15, 16, 17
- _____ August 21, 22, 23, 24

Students must pass a swim test at the beginning of the first lesson.

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Two weeks or less prior to the first day of camp:

Reschedule to another week of camp *with available space* at no charge, or 50% refund.

Name	Age	Session Date(s)	\$130/camp/member \$180/camp/non-member*
_____	_____	_____ Beg/Int or _____ Racing	\$ _____
_____	_____	_____ Beg/Int or _____ Racing	\$ _____
_____	_____	_____ Beg/Int or _____ Racing	\$ _____
_____	_____	_____ Beg/Int or _____ Racing	\$ _____
_____	_____	_____ Beg/Int or _____ Racing	\$ _____
Total			\$ _____

PHONE _____ *Print email clearly* _____

- Please pay with cash or check (preferred) to Dartmouth College.
- Youth classes must include a signed Health Information Form with registration for each student.
- **Dartmouth PE Sailing Classes.....Sign Up on Banner**
- **Adult Learn to Sail Clinics and Private Lessons.....Visit or call Club at 603-632-9389 or email John.Brady@Dartmouth.edu to register.**

SKIPPER QUALIFICATIONS

- a. Know the parts of a sailboat, rigging, and basic sailing terminology.
- b. Know the rules and procedures for use of boats.
- c. Be able to properly rig, unrig, drain, and store the boat and sails.
- d. Be able to tie a bowline, figure eight knot, and properly cleat a line.
- e. Know what to do if swamped or capsized. Be able to right yourself and get back under sail.
- f. Be able to sail a boat in a good breeze and accomplish the following maneuvers safely:
 - Tack and jibe
 - Sail close-hauled, on a reach and running
 - Get in and out of "irons"
 - Properly back sail the boat from the dock
 - Make "soft" landings at the dock**
 - Do the man overboard drill
- g. Be able to launch and recover dollied boats
- h. **Wear a life jacket at all times**



Dartmouth College

HEALTH INFORMATION FORM

Participant Last Name: _____ First: _____ M/I: _____
 Date of Birth: ____/____/____ Age: _____ Gender: M ____ F ____
 Activity: _____

Current Health Status: Please indicate if your child has any health condition that could interfere with or limit their participation in this program. If you are unsure, please consult with your physician and ask for their recommendation. (Do not include minor ailments.)

Condition	Description (include restrictions, if any)
Hearing / Vision	
Respiratory	
Back / neck	
Joint problems	
Heart / blood pressure	
Diabetes / hypoglycemia	
Seizure Disorders	
Psychological/Emotional	
Bleeding disorders	
Other condition	

Allergies: Please indicate any allergies your child has, the allergic reaction, any medications required

Allergy	Reaction	Medication Required (if any)
Food		
Insect bites/stings		
Medication		
Other		

Medications: Please indicate any medications your child is currently taking that you feel it is important for us to know associated with this activity.

Medication	Why we should know?

Swimming Ability: ____ Non-swimmer ____ Poor ____ Fair ____ Good ____ Very Good

Emergency Contact: Please indicate who we should contact in case of emergency.

Name	
Relationship	
Phone #	

Emergency Treatment Authorization:

In the case of an emergency, I authorize Dartmouth College, its employees, and/or the Activity organizers to obtain qualified emergency treatment for my child. I accept responsibility for any and all charges associated with the emergency treatment.

Parent / Guardian: _____ Date: ____/____/____

Print Name: _____